

Multiple Errands Test – Home Version- Revised

In this exercise you should complete the following:

A. You should do the following 8 tasks:

- Call a membership service provider (e.g., gym, club, community centre etc.) and ask about the cost of a membership plan (can be daily, weekly + etc.).
- Locate a clean pair of socks.
- Find a food item that requires water for preparation.
- Locate a bandage or similar first aid item.
- Locate a hammer or similar tool (e.g., screwdriver, pliers)
- Set an alarm clock to go off in 3 minutes. When it sounds, locate an item you would use to get ready in the morning.
- Water an outdoor or an indoor plant.
- Locate one item you would use if the power went out in your home.

B. You should obtain the following information and write it down in the space below:

- What is the phone number of the pharmacy you most frequently use? _____
- What temperature is it inside of your home? _____
- What is the name and instructed dosage of one medication in your home? _____
- _____
- What is the exact cost of ordering some food to your home (inclusive of food costs; e.g., can be a takeaway, or food shopping etc)? _____

C. Find a person in the home 5 minutes after you have started this exercise and ask what time it is. If no one else is available, you may ask the examiner.

D. Tell the examiner when you have completed the assessment

Rules

While carrying out this exercise, you must:

1. Complete all of the tasks but they may be performed in any order.
2. Stay on your property.
3. Complete these tasks as fast as you are able without rushing.
4. Not go back to a room that you have already been in. You must only visit each room once. In other words, you must not return to a “home base” location. You can walk through a room to get to another room if it is the only route.
5. Not speak to the evaluator unless it is part of the task or if no one else is present in your home.
6. Not collect items.

Self-Assessment of Performance Interview

On a scale of 1-10, 1 being not well at all and 10 being extremely well: how well do you think you did on this exercise?

1 2 3 4 5 6 7 8 9 10

1. What was your overall impression of the exercise?

2. What was easy about the exercise?

3. What was challenging about the exercise?

4. Looking back, would you have done anything differently?
